

Hertfordshire County Cross-Country Championships
Cassiobury Park, Watford - 11 January 2009
Under 13 Boys - 3000m

Position	No	Time	Name	Surname	Club
1	94	10.43	L Dee	L Dee	Herts Phoenix
2	110	10.51	M Pearce	M Pearce	St Albans School
3	92	10.54	J Barraclough	J Barraclough	Herts Phoenix
4	93	10.58	L Cloona	L Cloona	Herts Phoenix
5	105	11.04	R Mudd	R Mudd	Shaftesbury BH
6	95	11.10	N Doyle	N Doyle	Herts Phoenix
7	101	11.15	J Maude	J Maude	Royston Crows
8	117	11.16	H O'Brart	H O'Brart	Watford Harriers
9	111	11.19	J Redwood	J Redwood	St Albans School
10	121	11.26	T Verbena	T Verbena	Watford Harriers
11	106	11.36	M Cloke	M Cloke	St Albans AC
12	102	11.45	J Clifford	J Clifford	Shaftesbury BH
13	108	11.51	A Wheatcroft	A Wheatcroft	St Albans AC
14	90	12.00	M Simpson	M Simpson	Dacorum & Tring
15	116	12.04	E Marsh	E Marsh	Watford Harriers
16	96	12.09	S Jones	S Jones	Herts Phoenix
17	91	12.41	K Hammond	K Hammond	Harrow AC
18	123	13.00	H Wickings	H Wickings	Watford Harriers
19	89	13.12	J Quoroll	J Quoroll	Dacorum & Tring
20	88	13.28	S White	S White	Barnet & District
21	97	13.38	J Ludlow	J Ludlow	Herts Phoenix
22	85	13.42	C Murcheson	C Murcheson	Barnet & District
23	87	13.45	P Smith	P Smith	Barnet & District
24	118	14.08	J Phillips	J Phillips	Watford Harriers

Teams

1	Herts Phoenix 'A'	1,3,4	8
2	Watford Harriers	8,10,15	33
3	Herts Phoenix 'B'	6,16,21	43
4	Barnet & District	20,22,23	65